

Jason's deli Bigger choices of better food.

SPECIALTY SANDWICHES

Served with chips or baked chips. (150/100 cal)



Santa Fe Chicken Sandwich 660 cal 9.69 Grilled, 100% antibiotic-free chicken breast, bacon, Swiss, guacamole, tomato, 1000 Island, toasted multigrain wheat.

Meataballa 1120 cal 10 29 Meatballs, marinara, provolone, New Orleans

Shelley's Deli Chick 600 cal Family-recipe chicken salad with almonds and pineapple, leafy lettuce, tomato, toasted

Smokey Jack Panini 790 cal Nitrite-free smoked turkey breast, bacon. jalapeño pepper jack, guacamole, tomato, 1000 Island, sourdough

Grilled Cheese & Tomato Soup Combo Grilled Muenster and cheddar cheese sandwich on multigrain wheat, bowl of Tomato Basil soup.



California Club 690 cal (sides: 60-250 cal) Roasted turkey breast, bacon, Swiss, guacamole, tomato, organic field greens, mayo, toasted croissant. One side: fresh fruit or chips.

Club Royale 690 cal Nitrite-free smoked turkey breast & ham, bacon, Swiss, tomato, cheddar, leafy lettuce, honey mustard, toasted croissant.

Deli Club 800 cal Nitrite-free ham, roasted turkey breast, bacon, cheddar, Swiss, leafy lettuce, tomato, mayo, toasted multigrain wheat.

FAMOUS FAVORITES

Served with chips or baked chips. (150/100 cal)



Beefeater

Original 11.79 / Lighter 9.79 1/2-pound of hot roast beef, provolone, mayo, toasted New Orleans French, cup of au jus.

Reuben THE Great

Original 12.69 / Lighter 10.69 1130/560 cal 1/2-pound of hot corned beef, Swiss, squerkraut, 1000 Island, toasted rye.

Manager's Half-Sandwich Special

Served with chips or baked chips. (150/100 cal)





Half Famous Favorites Sandwich

SOUPS

BOWL 6.59 / CUP 4.99

Broccoli Cheese 570/430 cal Chicken Noodle 370/280 cal [™] Tomato Basil 530/340 cal Irish Potato 550/390 cal Chili 490/350 cal

DESSERTS

Fresh-Baked Cookie 300-310 cal 1.69 Udi's® Snickerdoodle 210 cal 2.59 Fudge-Nut Brownie 450 cal 1.89 Strawberry Shortcake 940 cal

SALADS & WRAPS

Wraps served with chips or baked chips. (150/100 cal)



Chicken Club

580-1130 cal Original 11.09 / Lighter 9.59 Grilled, 100% antibiotic-free chicken breast, sliced avocado, grape tomatoes, cheddar, Asiago, bacon, mixed salad greens, ranch. Rollyoursaladinan organic wheat wrap.

Nutty Mixed-Up

430-770 cal Original 11.09 / Lighter 9.59 Grilled, 100% antibiotic-free chicken breast, organic field greens, feta, grapes, organic apples, balsamic vinaigrette.

Roll your salad in an organic wheat wrap. 10.19

The Big Chef

Original 9.79 / Lighter 8.29 Nitrite-free ham and roasted turkey, Asiago, grape tomatoes, cheddar, kalamata olives, hard-boiled egg, mixed salad greens, ranch. Roll your salad in an organic wheat wrap.

Chicken Caesar

Original 10.19 / Lighter 8.69 510-1020 cal Grilled, 100% antibiotic-free chicken breast, romaine, Asiago, croutons, Caesar dressing, toasted herb focaccia.

Roll your salad (no croutons or focaccia) in an organic



Turkey Wrap 390 cal (sides: 60-250 cal) Roasted turkey breast, tomato, organic field greens, guacamole, ranch, toasted organic wheat wrap. One side: fresh fruit, chips or baked

Ranchero Wrap 640 cal Grilled, 100% antibiotic-free chicken breast, cheddar, jalapeños, pico de gallo, Southwest spices, ranch, toasted organic wheat wrap, side

of salsa with chips or baked chips. Spinach Veggie Wrap

430 cal (sides: 60-250 cal) 8.39 Mushrooms, organic spinach, Asiago, guacamole, pico de gallo, toasted organic wheat wrap, side of salsa. One side: fresh fruit, chips or baked chips.

2000 calories a day is used for general putrition advice, but calorie needs may vary. Additional putrition information available upon request Denotes Gluten-Sensitive Menu item. Jason's Deli is not a gluten-free environment. If you are gluten-sensitive, please request gluten-free preparation when you order. Please be advised that all of our foods are prepared in a common kitchen and that Jason's Deli cannot guarantee that cross-contact with other gluten-containing products will not occur. As a result, we cannot recommend this for persons with Celiac Disease. Our gluten-free offerings are designed for those with gluten sensitivities or those who prefer to avoid gluten for nutritional reasons. Ask for our Gluten-Sensitive Menu.

BUILD YOUR OWN

Pick your meat, name your bread, select your spreads and dress it up. Whole 8.59 / Lighter 7.59 / Half 7.59

Meats

Nitrite Free: Ham 150/80 cal Roasted Turkey Breast 150/80 cal Smoked Turkey Breast 160/80 cal Roast Beef 210/110 cal

Chicken Salad with almonds and pineapple 330/170 cal

Breads

Multigrain Wheat 210/100 cal Country White 240/120 cal NEW Marbled Rye 230/120 cal Toasted:

NEW Everything Bun 170/90 cal Sourdough 200/100 cal Organic Wheat Wrap 180/90 cal Herb Focaccia 210/110 cal All-butter Croissant 270/140 cal New Orleans French 220/110 cal GS Gluten-free 170/90 cal Add .69

Spreads Mayo 110/60 cal Mustard 0 cal Stone-ground Mustard 0 cal Honey Mustard 80/40 cal 1000 Island 60/30 cal Ranch 70/35 cal

Cheeses Add .69 Provolone 150/70 cal Cheddar 180/90 cal Swiss 160/80 cal Jalapeño Pepper Jack 160/80 cal

Add-ons

Avocado Slices 60/30 cal Add .99 Bacon Slices 45/25 cal Add .99 Guacamole 25/10 cal Add .99

PASTAS

Served with herb focaccia. (240/120 cal)



Chicken Alfredo

1240/750 cal Original 11.09 / Lighter 9.69 Grilled, 100% antibiotic-free chicken breast, penne, Alfredo sauce, Asiago.

Penne & Meatballs

1150/750 cal Original 10.69 / Lighter 9.29 Penne, meatballs, marinara, Asiago.

DRINKS

Canned Drinks	1.69
Tea 24 oz/32 oz	2.79/2.99
Bottled Drinks	1.69-2.89